

Maximize your benefits and rewards in 2025

You've got a plan that'll help you stay on top of your health.

And every time you use it, we want you to get the most from it.

Now is a great time to take stock of your health journey this year and schedule any remaining appointments you need in 2025 to make the most of your benefits. Regular preventive health screenings are important because they can help you find and manage small issues before they become bigger health concerns.

And don't forget - many come with rewards as well.



Go365 by Humana® rewards you for protecting your health.

Go365 by Humana is the vibrant healthy living and learning program that rewards you for taking healthy actions. Contact your doctor to see if you are due for any of these recommended health screenings that can also earn you rewards:

Preventive screenings	Go365 Rewards*
Annual Wellness Visit	\$25
Mammogram	\$30
Colonoscopy	\$50
Diabetic bundle for members with diabetes Complete all four tests within the plan year to qualify. HbA1c, diabetic eye exam, kidney urine test and kidney blood test.	\$40



Scan the QR code to log in to Go365 on MyHumana.com or **Go365.com** with your MyHumana login information.

This communication does not guarantee benefits and does not indicate all services received will be covered by your plan. Please refer to your Evidence of Coverage or call Customer Service at the number on the back of your Humana ID card to confirm that the service will be covered by your plan.

*Reward amounts shown represent the value of the reward, not actual dollars. Rewards have no cash value and must be earned and redeemed within the same program year. Any rewards not redeemed by December 31 will expire. Gift cards and denominations are subject to change at any time without notice.

